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## **Supplemental Assessment**

As part of the care planning process, Medicaid Managed Care Organizations (MCOs) are required to complete a written Supplemental Assessment. (A sample form is attached.) In addition to including the amount of time the enrollee can be safely left alone, the assessment must include the following with regard to "natural supports" (this refers to unpaid support that is *voluntarily* provided):

- The role of each natural support in the enrollee's day-to-day life;
- Each natural support's day-to-day responsibilities, including an evaluation of the support's work, school, and other schedules and responsibilities in addition to caring for the enrollee;
- Each natural support's stress and well-being, including any medical limitation or disability the natural support may have that would limit their ability to participate in the care of an enrollee (e.g. lifting restrictions, developmental disorder, bed rest for pregnancy, etc.)
- The willingness of the natural support to participate in the enrollee's care.

## Tip:

If there is any concern about the sufficiency of services being authorized, a copy of the Supplemental Assessment should be requested from the case manager or the Plan's grievance and appeals coordinator.

A sample of a Supplemental Assessment Form is on the following two pages.

## **Supplemental Assessment Sample Form**



Caregiver Assessment  *Please complete the Caregiver Assessment with the member's natural support who are providing care to the member.  This excludes paid caregivers. Assessor should conduct one assessment per caregiver.														
Caregiver Demographics														
Caregiver Full Name:														
Caregiver Sex:	☐ Male ☐ Female				•		Caregiver Date of Birth:							
Caregiver Relationship to individual:	☐ Wife ☐ Son / In- law			Husband Daughter / In-law				Partner Other relative			/e	Parent Other Non-relative		
Caregiver Address:									_					
City:								State:				Zip:		
Caregiver Primary Phone							1	Alternative						
Number:						Pi	Phone Number:				🗆			
Do you currently have anyone to assist you with providing care?														
Caregiver Questionnaire														
Do you work outside the home?			Yes		No		lf	If Yes:		Schedule:				
Do go to school outside the	e home?	Ш	Yes		No		lf	If Yes:		Schedule:				
Do you have other responsibilities outside the home?		Yes		No		If	fYes: Plea		Please	e describe other responsibilities:				
								Schedule		le:	E			
Do you currently provide care for this client?					Ţ <u>C</u>	Yes No								
If Yes, describe the care yo														
providing and the number of hours														
for each service provided:														
How many hours per week														
currently spend providing of the client?	care for													
How long have you been providing Less than 6 mo					unthe			$\neg$	6+	0.12	months	NA NA		
care for this client?									2 or more years					
Do you need training or assistance in perfor										Yes No		_		
In your opinion, how long can the client be left alone safely?														
Do you experience mental or emotional strain as a result of your Yes No														
responsibility to provide care for the client?														
If Yes, please describe the emotion strain you experience:														
Considering other aspects of your life, please rate the level of difficulty in your:														
Relationship with individual:			1-	No		Little	1-		_	iome		Moderate	A lot	
Relationship with family:		_		iculty	_	Difficulty Little		Difficulty Some		_	Difficulty	Difficulty		
		1-					1 —		ifficulty		Moderate	☐ A lot		
Relationships with friends:		_	No	cuity	Diffic				me	_	Difficulty Moderate	Difficulty A lot		
				iculty	Difficult				fficulty		Difficulty	Difficulty		
Physical Health			╁┯	No		Little	•	Some		_	Moderate	Alot		
The Later Later Later Later														
Member Name:										Mer	nber	ID Number:		

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	Difficulty	Difficulty	D	ifficulty	Difficul	ty	Difficulty		
Finances:	□ No	Little		ome	Moder	ate	A lot		
	Difficulty	Difficulty	D	ifficulty	Difficulty		Difficulty		
Functional Abilities:	No	Little	5	ome	Moder	ate	A lot		
	Difficulty	Difficulty	D	ifficulty	Difficulty		Difficulty		
Employment:	No	Little		ome	Moder	ate	A lot		
	Difficulty	Difficulty	D	ifficulty	Difficulty		Difficulty		
Time for yourself to do the things you	No	Little		ome	Moderate		A lot		
enjoy:	Difficulty	Difficulty	D	ifficulty	Difficulty		Difficulty		
Other responsibilities such as caring for	No	Little	Some		Moderate		A lot		
children / other family members, going	Difficulty	Difficulty	Difficulty		Difficulty		Difficulty		
to school, religious or social activities,									
etc.:									
Are you willing to provide or continue	Willing	Willing to			ing to		Inable to		
to provide care or services to the client?	to provide	provide Same	provide		Less Care	prov	provide any care		
	More Care	Care							
How confident are you that you will have	Very confid	lent	Som	ewhat		lot very			
provide or continue to provide care?				confident			confident		
If not confident, what is the main reason y									
unable to continue to provide care?									
How many hours per week do you think y	nable provide g								
Assessor Information									
Is the caregiver in crisis? Yes No	If yes, chec	k all that apply:	Financial Emot			ional	Physical		
Assessor Name:		Date of Caregiver Assessment:							