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## **Participant Directed Services**

During the care planning process, enrollees who live in their own home or the home of a family member, can choose to “self-direct” certain services, including adult companion, homemaker, attendant care (private duty nursing), intermittent and skilled nursing, and personal care. This is called the “participant directed option.”

Participants who decide to self-direct certain services are then responsible for identifying and training the people who will be providing these services, setting work schedules, and submitting timesheets to the plan.

Participants do not set the pay rate.